



# 2019 BIENNIAL MEETING

March 21 - 23, 2019 | Baltimore, Maryland, USA

#SRCD19

## 2019 SECC Coffee Hours Schedule Room 303, Baltimore Convention Center, Level 3

**Thursday, March 21:**

### ***Research-Practice Partnerships within Comprehensive Community Initiatives: How-to (and how not-to-do)***

**12:30pm - 2:00pm**

Comprehensive community initiatives (CCIs) are locally organized, multi-sector collaborations that build the capacity of a particular place to coordinate public resources, mobilize previously untapped family, cultural, and community-based resources, and design social interventions that lead to better population-level outcomes (Kubisch et al., 2011). Often, external researchers, whether at a local university or an independent research institution, provide the research infrastructure. This workshop is designed for researchers who want to learn how to create and/or optimize these research-practice partnerships. The workshop will be led by two research centers that have been involved in multiple CCI research-practice partnerships and can talk about promising practices - and practices to avoid. The workshop will offer an overview of CCIs and the tenets of research-practice partnerships, followed by role-play exercises that will surface the dynamics of learning and improvement that are unique to CCIs.

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### ***SRCD Federal and State Policy Fellowships***

**2:45pm - 3:45pm**

Meet with current and former SRCD Federal and State Policy Fellows to learn more about the goals of the fellowship program, the application process, and fellows' experiences. You will hear from post-doctoral and pre-doctoral fellows with placements in Congressional offices and federal and state agencies. Break-out roundtables will also facilitate discussion of the processes involved in promoting the translation of child development research into policy and practice.

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### ***Rock the Postdoc: How to Find, Obtain, and Thrive in a Postdoctoral Position***

**4:00pm - 5:30pm**

Should I pursue a postdoc? Where do I get one? How can I make the most of it? These are some questions frequently encountered by graduate students as they approach the end of their doctoral training. Led by two postdoctoral researchers (Dr. Hannah Schacter and Dr. Adam Hoffman), this workshop brings together postdocs across multiple developmental disciplines to share their experiences in postdoctoral roles. During the workshop, we will a) review the postdoc search and application process, focusing on identifying funding mechanisms and determining a good fit b) consider the benefits (and drawbacks) of pursuing a postdoctoral position and c) discuss how to maximize a postdoc in preparation for the job market. Workshop panelists have successfully acquired postdoctoral positions through PI grants, institutional fellowships, as well as National Science Foundation and National Institutes of Health funding, and represent diverse areas of study, including but not limited to bio-behavioral correlates of early life stress, cognitive and early home predictors of academic achievement, and adolescent identity development. The session is intended to generate an interactive discussion amongst audience members and panelists, with time dedicated to Q&A and collaborative activities. Attendees should leave the session with a clearer understanding of available resources for finding a postdoc, factors to consider when determining postdoc fit, and concrete strategies for optimizing the postdoc year(s). Attendees are encouraged to bring laptops or smartphones.



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### Friday, March 22:

#### *Stress Management and Mindfulness*

10:30am - 11:30am

A two-fold perspective of mindfulness and useful strategies to incorporate while undergoing the stress of academic jobs. Learn tips from a mindfulness researcher to reduce stress: Incorporate mindfulness and other strategies into your daily routine. Let's take a moment to refresh and free ourselves from the stressors and pressures of academia.

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#### *Finding the Right Journal for a Research Article*

1:30pm - 2:30pm

Often times significant energy is dedicated to writing an article itself, with little time spent considering where to submit until after the article is written. Join us as we discuss with a panel of experts tips on how and when to identify appropriate journals, as well as how to tailor articles to a specific journal. The discussants welcome attendee questions and plan to cover a range of topics related to the publication process.

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#### *Navigating Micro and Macro Aggressions at Your Institution*

3:30pm - 4:30pm

Whether individually or institutionally, the effects of micro and macro-aggressions can limit productivity and have implications for the mental health of scholars. In a safe space, Dr. Brandon Yoo, an associate professor of Asian Pacific American studies and affiliate of counseling and counseling psychology from Arizona State University and Dr. Chauncey Smith, an assistant professor of Education at The University of Virginia, will discuss tips for addressing and coping with these instances formally and informally at your institution. We welcome insights from all scholars at different stages of their career as well as those interested in becoming allies.



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### Saturday, March 23:

#### *Obtaining a Career in Academia and Navigating a Pre-Tenure Position*

8:30am - 9:30am

Are you interested in learning more about obtaining a career in academia and navigating an early career position? In this coffee hour we will discuss tips and strategies for obtaining a career in academia; balancing research, teaching, service, and personal goals; building a lab and a national reputation; and navigating toward tenure. Come join an informal discussion with Dr. Aerika Loyd, Dr. Myles Durkee, and Dr. Chelsea Derlan, who are at various stages of the tenure process, and excited to talk with you and answer questions during the coffee hour!

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#### *Saying No and Other Survival Strategies for Work-Life Balance*

10:15am - 11:15am

Attaining a fulfilling career does not have to come by sacrificing your personal life and non-work aspirations. In this session, we will invite speakers to share their stories of how they set boundaries and goals that helped them craft satisfying lives - not just satisfying careers.

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#### *Working at the Intersection of Research and Policy: An Introductory Workshop*

12:45pm - 2:15pm

Increased calls for “evidence-based policymaking” have prompted scholars to want to make an impact with their work beyond the walls of academia. Unfortunately, many researchers are uncertain where to begin, and graduate programs often lack training in how to work at the intersection of research and policy. This workshop offers an introduction to best practices for connecting policy and research. It is geared toward graduate students and postdoctoral researchers and takes an educational approach (i.e. non-advocacy). Key questions addressed in this workshop include: What does it mean to work at the intersection of research and policy? How can I make my work policy-relevant? What can I do now that can set me up for future success in working at the intersection of research and policy?

Participants are encouraged to bring a laptop or other tablet to use throughout the workshop.